

Comprehensive Assessment Program

This program provides evaluation and treatment of youth between the ages of 11 and 18 who have complex emotional, behavioral and psychiatric symptoms. The program is designed to stabilize clients who may be experiencing significant impairment in thinking, mood or behavioral functioning. Participants receive specialized therapeutic interventions and programming in a highly structured environment.

This specialized program can help parents, guardians and other concerned individuals answer critical questions, understand symptoms and determine the best treatment options. After the 30, 60 or 90-day period of evaluation, community partners receive a comprehensive final report of the assessment and recommendations for an appropriate plan of continuing care.

Program Components

- 24-hour supervision in a secure facility
- Multidisciplinary treatment plan completed within 10 days
- 24-hour nursing coverage
- Psychiatric evaluation within 24 hours of admission
- Psychiatric follow-up weekly
- Treatment plan development
- Psychotherapy groups three days a week
- Individual psychotherapy three times a week
- Milieu group therapy daily
- Weekly family therapy and education
- Education 5.5 hours per day
- Weekly clinical updates for family or guardian and referral sources
- Urine drug screen within 24 hours of admission
- Substance use services as needed
- Assigned case manager
- Coordinated discharge planning
- Comprehensive final report

Diagnostic Assessments

- Psychological/psychiatric/psychosocial evaluation
- Medical history and physical exam
- Nursing assessment
- Substance use assessment
- Expressive arts therapy assessment as needed
- Recreation therapy assessment
- Education assessment
- Nutritional assessment
- Independent living skills assessment as needed
- Psychosexual and polygraph examinations as needed

When you need specialized behavioral health services for an adolescent, call us at **757-888-0400** or **800-697-0999**. We can help.

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